



CMAC Soccer Rules

CMAC follows normal NFHS rules. We do have some changes that benefit our young athletes and increase competition for their age level.

1. JV plays two 25 minute halves. Varsity plays two 30 minute halves. This is for both boys and girls.
2. Points are awarded as follows:
3 points for a win 1 point for a tie 0 points for a loss
3. There are no tiebreakers during regular season play. Tournament play is the only time tiebreakers are used.
4. Overtime Procedure for Tournament play:

If a game is tied at the end of regulation play, team will play one (1) five minute, sudden death (Golden Goal) overtime period. If, after the sudden death overtime period, the game remains tied, each team will select five players currently on the field for a penalty kick tie breaker (shoot out). If there is still a tie after all players have shot their penalty kicks, then any 5 players (on or off of the field) may be selected for another round of penalty kicks. If the game still remains tied, teams will alternate shooters until one player scores and the other does not.

5. Red Cards: Any player or coach that receives a red card will be suspended from their next game without exception. Coaches and Athletic Directors must notify the Commissioner as soon as possible of these incidents.
6. **EFFECTIVE 1/12/10:** Any foul committed within 10 yards of the goal (which would normally result in an indirect kick) will result in the referee moving the ball 10 yards from the goal line for a free kick; a wall can then be set on the goal line by the defending team. Those fouls that would normally require a penalty kick will still result in a penalty kick.